



Referring clients to Pure Insights

Everyone experiences anxiety to some degree or another... but it sounds like for you it's really getting in the way of doing some of the things you want to do. We have a service here that can help - called Pure Insights. You would have up to 6 sessions to work with them and they will be able to assist you with managing your anxiety. How does that sound?



Anxiety

It sounds like you've been feeling low for a long time, and just jumping straight into employment search while you're feeling so low may not be the best option for you currently. We have a service here that can help - called Pure Insights. You would have up to 6 sessions to work with them and they will be able to help you feel better, then you can decide next steps around work. How does that sound?

Depression



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W www.pureinsights.com.au

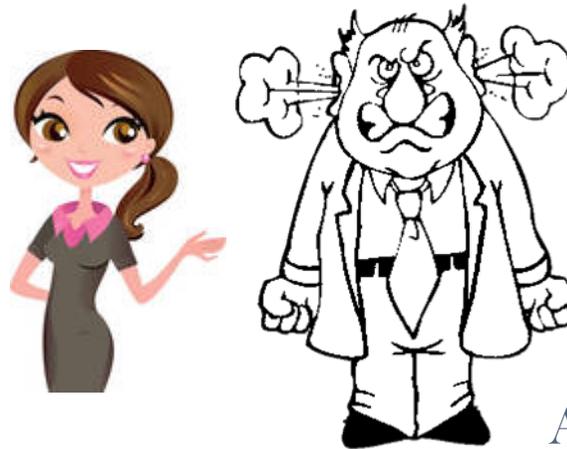
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I'm noticing you're feeling frustrated here with me. I'm wondering if perhaps you'd like to talk to someone about your frustrations... We have a service here that can help - called Pure Insights. You would have up to 6 sessions to work with them. How does that sound?



Anger

It sounds as if there's so much going on in your family life right now, that jumping straight into employment search may not be the best option for you currently. We have a service here that can help - called Pure Insights. You would have up to 6 sessions to work with them, and you'd have a chance to debrief about everything that's going on in the family. How does that sound?



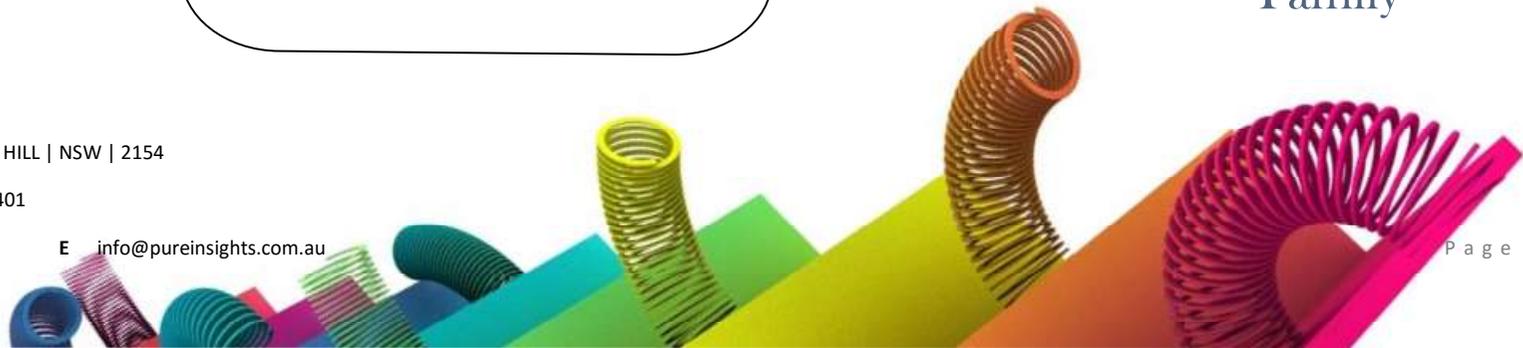
Family

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Drugs &
Alcohol



It sounds like you are using drugs and alcohol to cope with what's going on, and while it seems to help in the short-term, it's creating problems in the long-term. We have a service here that can help - called Pure Insights. You would have up to 6 sessions to work with them and they can help you manage how you're coping with everything that's going on. How does that sound?

It seems that you don't have much experience with job-searching. I'm wondering if you find the process difficult... We have a service here that can help - called Pure Insights. You would have up to 6 sessions to work with them, and they can help you build confidence in a range of ways. How does that sound?



Poor job
searching skills

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When to refer clients?

Sooner rather than later is a good principle to remember when considering when to make a referral. When job-seekers are struggling with psychological, behavioural, or interpersonal problems, they are less likely to be properly engaged with their employment pathway plan. Additionally, counselling and even medication therapies often take some weeks to be effective.

Remember to try your best not to make the job-seeker think there is something wrong with them, and refer to the service as additional support (rather than counsellor or psychologist).

Let job-seekers know that they will generally have weekly appointments, and the service is time-limited support, because sometimes life is challenging and it is best to get assistance in those times.

Let your on-site counsellor know that you have referred a job-seeker. If the referral is urgent (i.e., a suicidal client), see if the counsellor is available to see the job-seeker immediately for a risk assessment, or provide the client with Lifeline's number (13 11 14) so they can speak to someone right away.

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